

Gunuma Ski Lodge

Willow Road, Smiggin Holes, NSW

Gunuma Lodge

***COVID19 Safe Plan – Summer Version 5 – 24
November 2021***

1 Use and Occupation of Gumuna

1.1 General requirements

There are numerous resources issued by government in relation to the COVID19 pandemic including general hygiene and individual protection. In this regard, all members of Gumuna are expected to:

- Fully vaccinated with vaccines approved for use in Australia
- Comply with Government guidelines applicable to the Lodge - do not visit the Lodge if they have any COVID19 symptoms or there has been any risk they have been in contact with anyone who may have COVID19
- Stay home and do not travel to Gumuna, if they are sick
- Have informed themselves of their individual COVID19 risk factors – it is individual members responsibility to assess the risks of staying at Gumuna
- Practice good hygiene (see websites below)
- Cover their mouth when coughing and sneezing
- Wash their hands with soap and water or sanitiser
- Wash down touch surfaces
- To the extent practical maximise ventilation – open bedroom and dining room windows

There are sanitising stations installed strategically around Gumuna to assist members comply with these requirements as well as advice in relation to cleaning requirements. There are also appropriate cleaning products located in the stores. Appendix A outlines a general cleaning list for Gumuna. This is not exhaustive and is a guide only.

Gumuna wishes to direct members to the following resources for more information:

<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert>

<https://www.safeworkaustralia.gov.au/covid-19-information-workplaces>

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>

1.2 Restrictions on attendance at Gumuna

A member will not be permitted to attend the lodge if they:

- Not fully vaccinated with vaccines approved for use in Australia (or have a medical exemption previously provided to Gumuna).
- Do not check in via the QR code when they first arrive, noting this is NSW and members and guest will need to download the NSW app.
- Are or have been infected with COVID19, and have not recovered and are clear of the infection (ie cleared from having COVID19 after you are 14 days symptom free).
- Are subject to a quarantine notice, self-isolation notice or similar.
- Have or may have been in contact with a known infected person and cleared from having COVID19 after you are 14 days symptom free.
- Are unwell and/or are showing symptoms of COVID19 and have not tested negative or those test results are not yet available.

Organisations such as Gumuna are required to assess their individual risk factors and structure their COVID Safe Plans accordingly. The risk factors at Gumuna are greater than say at restaurants or shopping centres, as residents are living with each other for a significant duration in a closed environment with shared facilities.

1.3 Recommendation

It is strongly recommended that those visiting Gumuna have had an influenza vaccine.

1.4 Lodge cleaning

Members are responsible for ensuring Gunuma is cleaned to a high standard as this is an important strategy to minimise transmission risk. Not following this directive may lead to Gunuma being shut down.

Depending on usage, a professional cleaner may be engaged. For example, if a large group is immediately followed by another large group the lodge will be professionally cleaned, however if there is a two week gap between occupancy the lodge may not be professionally cleaned.

1.5 Actions in the Event of a COVID19 contamination in Lodge

If a member has or contracts COVID19, the following process will be undertaken:

- Gunuma President will be contacted – Peter Rodda 0429040780
- The infected person will immediately be isolated and then transferred to suitable premises/accommodation/hospital. Transfer of the infected person will follow any specific requirements issued by the NSW Department of Health.
- Gunuma will be shut down as rapidly as possible and all residents will be required to vacate the premises. All residents will be advised to self-isolate and undergo testing.
- The Department of Health will be advised of the infection and Gunuma will follow any direction issued by the Department or their delegate. The Department will be issued with a list of all residents/contacts by Gunuma without delay.
- The NPWS will be advised of the infection and Gunuma will follow any direction issued by the Service or their delegate.
- All members of Gunuma will be advised of the infection.

If a member has symptoms of COVID19, but the infection is not yet confirmed, the following process will be undertaken:

- The person will be required to isolate and to vacate Gunuma as soon as practicable
- The person who has the symptoms will be required to have a COVID19 test without delay.
- If that person is a minor, their parent or guardian will be responsible for the care of that minor and that parent/guardian will also be isolated.
- The person will contact the Gunuma President – Peter Rodda 0429040780 and advise that they have symptoms and is having a test
- Gunuma will inform all members staying in the premises of the potential risk of infection. Additional cleaning may be required in the areas the person has accessed.
- Gunuma will monitor the COVID19 test status and be informed of the departure of the member. The name and contact details of that member will be supplied without delay to Gunuma.
- Gunuma will follow up the member to confirm the results of the COVID19 test. If that test is positive, Gunuma will immediately inform all other members that have occupied Gunuma in that week of that status and commence the process set out above for a COVID19 infection.

Appendix A

Cleaning guidelines to help prevent the spread of COVID-19 based on Federal/State Guidelines, 2020

Method/Approach	Actions
Ventilate rooms before you clean.	Allow fresh air to circulate for at least 20 minutes. If possible, leave all windows open during the entire cleaning process.
Wash your hands thoroughly before and after each cleaning.	Use soap and water, and scrub for at least 20 seconds. If that's not possible, use a hand sanitizer with at least 70% alcohol.
Wear disposable gloves while you clean.	Gloves should be thrown out after each cleaning. Make sure to wash your hands immediately after gloves are removed
Clean, then disinfect.	Cleaning is when you use soap or detergent and water to remove dirt, germs and impurities. Disinfecting refers to the use of chemicals like bleach or alcohol to kill germs. Doing both is the best way to reduce the spread of infection.
Use the right disinfectant.	Diluted household bleach solutions, cleaning products with at least 70% alcohol, and most common disinfectants are believed to be effective against the coronavirus. Bleach is a strong chemical and care should be taken when using it.
Focus on frequently touched surfaces.	Light switches, doorknobs, and tap handles are just a few of the areas you'll need to disinfect.
Lounges and other soft, porous surfaces.	Carefully remove any visible dirt or grime, then use the appropriate cleaner for the material. If possible, machine-wash items according to the manufacturer's instructions.

General Cleaning Checklist for Lodge Areas

Area	Items to Clean/disinfect	
General	Doorknobs/surfaces Cleaning appliances: Fans and lamp chains Garbage and recycling bins Hanging space Ironing boards and irons Keys/keypads	Laundry – sinks, washers, storage Light switches/pulls Railings Tabletops Thermostats/heaters Window sills and window handles Vacuum cleaners Washer/dryer units
Kitchen	All utensils, appliances, pots/pans, etc Cabinet handles and pulls Doorknobs Dishwashers Condiments: oil, salt and pepper shakers, commonly used spices and containers, etc.	Sinks, benchtops Ovens/microwaves Fridges – handles, internal areas Window sills and window handles
Bathrooms	Showers and tubs Sinks	Tap handles and spouts Toilets Window sills and window handles
Dining	Doorknobs Railings Lamp chains/switches Light switches/pulls	Railings Tabletops/seats Window sills and window handles
Lounge	Doorknobs	Lounges especially arm rests

Area	Items to Clean/disinfect	
	Railings Lamp chains/switches Light switches/pulls	Railings Tabletops Window sills and window handles
Bedrooms	Hangers and luggage racks Bedheads/foot Nightstands/side tables	Cupboards/dressers Bedding – doonas, pillows, linen Window sills and window handles